



Cruising SVG



St. Vincent and the Grenadines Cruise Manual

Contents

Cruising St. Vincent and the Grenadines – An Introduction

So Much to See & Do

- 1) Arrowroot Mills at Owia
- 2) Baleine Falls
- 3) Belmont Lookout
- 4) Black Point Historic & Recreation Park
- 5) Botanical Gardens
- 6) Brighton Salt Pond
- 7) Cumberland Beach & Recreation Park
- 8) Cumberland Nature Trail
- 9) Dark View Falls
- 10) Fort Charlotte
- 11) Hamilton Battery (Bequia)
- 12) Historic Churches of St. Vincent
 - a. Methodist Church
 - b. Roman Catholic Cathedral
 - c. St. George's Anglican Cathedral
- 13) Layou Petroglyph Park
- 14) Mesopotamia Valley
- 15) Model Boat Building (Bequia)
- 16) Montreal Gardens
- 17) Mount Pleasant (Bequia)
- 18) Old Hegg Turtle Sanctuary (Bequia)



Contents continued

- 19) Owia Salt Pond
- 20) Rawacou Recreation Park
- 21) Soufrière Cross Country Trail
- 22) Spring Plantation (Bequia)
- 23) St. Mary's Anglican Church (Bequia)
- 24) Trinity Falls
- 25) Vermont Nature Trail
- 26) Wallilabou Heritage Park
- 27) Whaling Museum (Bequia)
- 28) Youroumei Heritage Village

The Ports of SVG

- i. Britannia Bay Mustique
- ii. Charleston Bay Canouan
- iii. Clifton Union Island
- iv. Cruise Ship Terminal Kingstown
- v. Port Elizabeth Bequia

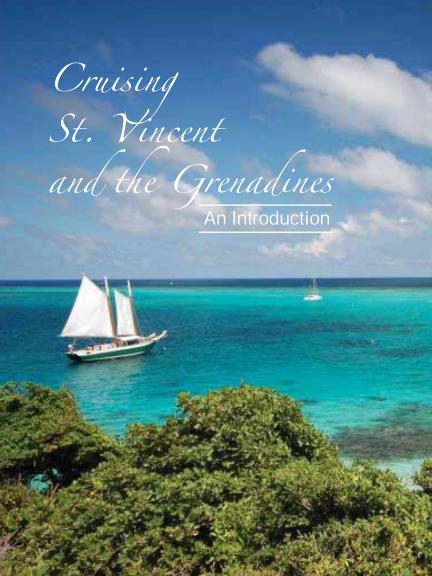


Contents continued

Ship Agents and Ground Tour Operators

Important Information

- i. Beaches
- ii. Currency and Credit Cards
- iii. Eating Out
- iv. Import and Export Requirements
- v. Photography
- vi. Safety and Security
- vii. Shopping
- viii. Sourcing for Cruise Ships
- ix. Taxis and Other Transportation





Cruising SVG

Thinking about cruising to St. Vincent and the Grenadines (SVG)? You will need to have time on your hands. There's so much to see and do. Hike hidden trails through deep and verdant forests. Bathe at black sand beaches and coastal ponds formed from volcanic rock. Snorkel alongside turtles in the crystal blue waters of the Tobago Cays. SVG has many islands, each with a wealth of sites and activities for you to explore, bond with nature and relax.

SVG is the home of La Soufrière, one of the world's most studied volcanoes. And centuries of volcanic activity have made the landscape some of the region's most mountainous, forested and geologically distinct. Visitors will enjoy dense forests of towering trees and an abundance of waterfalls and natural pools. The islands are truly an eco-adventurer's paradise.

They also offer fabulous variety. From Bequia with its long whaling tradition, to Mustique, home and playground of the wealthy and famous – you don't have to stay inland to enjoy what SVG has to offer. Eat breakfast at one island's coastal restaurant, lunch at another and dinner at a third. Lay on the beach. Take a power boat ride. Go scuba diving among the shallow caves and the myriad undersea life. Your options are almost endless.

Cruising SVG has been created to give you all the information you need to have one of your most deeply satisfying island experiences. You will learn about over 30 locations for activities like hiking, bird watching, swimming and partaking of SVG's rich historical legacy. You will get specifics on SVG's many



ports and other resources such as taxis and tour operators, prime spots for shopping, safety and security and health services.

So take a browse. If you are inclined, read this guide from cover to cover. If you are unfamiliar with SVG it is the perfect introduction. If you are a prospective vacationer looking for a new destination, it gives you all you need to prepare for a visit. We welcome you in advance.



So Much to See and Do

1. Arrowroot Mill at Owia (St. Vincent)

St. Vincent is the world's largest supplier of arrowroot. A long-established crop on the island, it has recently enjoyed a considerable restoration of its fortune as a fine dressing for computer paper. You can witness the arrowroot processing first-hand at the factory in Owia.

Distance from Cruise Ship Port – 31 miles / 51km

2. Baleine Falls (St. Vincent)(Boat and Hiking)

The Falls of Baleine is among St. Vincent's finest natural wonders. A single stage fall, the sparkling waters plunge about 60ft into a rock-enclosed fresh water pool, perfect for swimming. Visitors access the falls by boat and must pass through a narrow cannon type valley with cliffs on both sides. Baleine is one of the island's most popular sites, and the following facilities are in place – jetty, gazebo with seating, boardwalk and footpath, and visitor signage.

Distance from Cruise Ship Port – 20 miles / 32km Degree of Difficulty: High



3. Belmont Lookout (St. Vincent)

This lookout provides users with the opportunity to view one of St. Vincent's most productive and picturesque landscapes, the Mesopotamia Valley. From its heights users can view the scenery in all its beauty before descending into the valley. There is a viewing platform, washrooms and interpretive signage.

Distance from Cruise Ship Port - 7 miles / 11km

4. Black Point Historic & Recreation Park (St. Vincent)

Black Point Park is home to the unique Jasper Tunnel. This tunnel is about 300ft long and links Grand Sable with Byera Bay. The tunnel was ordered built by the British and constructed by slave labour around 1815 to provide an access route for sugar exports. The black sand beach area is thickly vegetated with coconut trees, and is one of the most popular recreation sites on the island. Facilities here include a children's play area, vending booths, gazebos, washrooms, barbecue pits and a playing field.

Distance from Cruise Ship Port – 20 miles / 32km



5. Botanical Gardens (St. Vincent)

Located on 20 acres of land on the outskirts of the capital, Kingstown, the Botanical Gardens is the oldest in the Western Hemisphere. Among the wide variety of tropical trees and shrubs is a breadfruit tree from the original plant brought by Captain Bligh (of *The Bounty* fame) in 1793. Conservation of rare species of plants has been practiced since the Gardens was founded in 1765. Other conservation works involve the endangered St. Vincent Parrot (*Amazonia guildingii*), our national bird. Facilities offered here are washrooms, a small performance area, gazebos, refreshment and craft sales.

Distance from Cruise Ship Port – 1.5 miles / 4km

6. Brighton Salt Pond (St. Vincent)

A black sand beach with mangrove swamp, Brighton Salt Pond is located on the south-eastern tip of St. Vincent. Brighton Pond has attracted many visitors to its various activities and has evolved into a popular recreational and entertainment spot. Enjoy sea bathing, picnicking, fishing, parties or just sit and take in the picturesque views of the Grenadine Islands. The site was developed by a group calling itself the Brighton Beach Roller – a voluntary community group that operates a bar, rest house and other facilities in the area.



7. Cumberland Beach & Recreation Park (St. Vincent)

Lying about eight miles south of the northern tip of St. Vincent is the beautiful Cumberland Beach and Recreation Park. It provides a protected anchorage with a view of palm-lined slopes up the valley towards Morne Garu Central Mountain. There is a restaurant ashore which offers local dishes and freshly caught lobsters. Facilities on the other side of the river's mouth include a lighted jetty, a restaurant and office, washrooms, laundry area (washer and dryer), showers, vending kiosks, gazebos, and 24/7 security.

Distance from Cruise Ship Port – 21 miles / 34km

8. Cumberland Nature Trail (St. Vincent)(Hiking)

The Cumberland Nature Trail passes through the Cumberland Valley, traversing a variety of forest vegetation and farmlands. At the initial section, the trail runs next to a wooden water pipe transporting water to a hydro-electricity power plant located in the Cumberland valley. Its biggest attractions are, however, the rainforest and the opportunity for bird and other wildlife watching. Facilities here include a lookout, washrooms, ticket booth and shelter at the exit.

Distance from Cruise Ship Port – 20 miles / 32km Degree of Difficulty: Moderate to High



9. Dark View Falls (St. Vincent) (Hiking)

The major attractions at Dark View Falls are its two waterfalls. A twin fall experience is uncommon for one site. The geology and hydrology giving existence to the falls and the vegetation are also part of the site's heritage. Lava and pyroclastic flows produced the rock formation and sustains the cascading water. A natural bamboo bridge spans the tumbling river, luring you to the two majestic falls. Facilities include refreshment and craft kiosks, washrooms, gazebos, viewing platform, changing rooms, pedestrian bridges and two pools.

Distance from Cruise Ship Port – 24 miles / 38km Degree of Difficulty: Moderate to High



10. Fort Charlotte (St. Vincent)

Completed in 1806, Fort Charlotte is on a ridge 600 feet above the sea, providing a magnificent view across Kingstown and down the Grenadines. There are interesting paintings of the Black Caribs' history by Lindsay Prescott in what used to be the officers' quarters in the fort. The fort is only a few minutes' drive from Kingstown, or approximately 30 minutes walk for the energetic. Fort Charlotte is being restored as an historic site.

11. Hamilton Battery (Bequia)

Just outside Port Elizabeth (the capital of Bequia) is this late 18th Century fortification, which, located high above the capital, guarded Admiralty Bay from attack. Hamilton Battery gives visitors great views of the entire bay and beyond.



12. Historical Churches of St. Vincent

Methodist Church

In 1790, the Methodist missionaries purchased an old Roman Catholic Church in St. Vincent. The congregation of many freed slaves helped to build the Methodist church that stands today. The church was dedicated in 1841. The belfry was erected in 1907. In 2007 the church was renovated but kept original its architecture intact.

Roman Catholic Cathedral

The original Roman Catholic Cathedral of St. Vincent was built in 1823, enlarged in 1877 and 1891, and then renovated in the early 1940s by Dom Charles Verbeke. There are several styles of architecture involved, the dominant being Romanesque. The interior of the cathedral is richly ornamented.

St. George's Anglican Cathedral

Architects Buisseret and Clarke, speaking of St. George's Cathedral, said: "The nave and at least the lower stages of the tower date from 1820 and the galleried interior is a charming example of late Georgian architecture." There are some beautiful stained glass windows, three on the east, by well-known English stained glass designer Charles Eamer Kempe and a large one on the south made of Munich glass.



13. Layou Petroglyph Park (St. Vincent)

The Layou Petroglyph Park is a cultural landmark that has several attractions. These include an Amerindian Petroglyph, Rutland River, and the natural vegetation. The site is pre-Columbian in origin of unknown age. The Layou petroglyph most likely dates to between 300AD and 600AD. Facilities include a visitor's centre and gazebos.

Distance from Cruise Ship Port – 9.5 miles / 15km

14. Mesopotamia Valley (St. Vincent)

The panoramic view offered by the Mesopotamia Valley is probably unsurpassed in the Caribbean. The richly fertile valley, often referred to as the "bread basket" of St. Vincent, is thickly planted with bananas, nutmeg, cocoa, coconut, breadfruit and many root crops. Mountain ridges rise all around, Grand Bonhomme dominating at 3193ft. Rivers and streams come together at Mesopotamia to tumble down to the sea over the rocks of the Yambou Gorge.

15. Model Boat Building (Bequia)

A walk beyond the capital's main post office, police station and covered market will lead you to these wonderful workshops. See craftsmen maintaining their island culture, both at work and by displaying their heritage, the intricate and skilfully crafted traditional double-ended whalers for which the island is famed. The craftsmen also make highly colourful replicas of existing boats by commission.



16. Montreal Gardens (St. Vincent)

Located in the mountains above the Mesopotamia Valley, the Montreal Gardens estate is blessed with fertile volcanic soil and frequent rainfall. You will find an array of exotic flowers, species and plants interspersed with green foliage in an environment which is cool, misty and quiet. The Gardens are open to the public and a small entrance fee is charged.

Distance from the Cruise Ship Port – 12 miles / 19.2km

17. Mount Pleasant (Bequia)

A perfect spot to watch the sunset. This summit offers panoramic views and great photographic opportunities.



18. Old Hegg Turtle Sanctuary (Bequia)

The scenic drive to reach this rugged, north-eastern part of the island passes Industry Bay into Park Bay. There Orton G. King has spent most of each day since August 1995 tending his precious and endangered hawksbill turtles. A retired professional skin diving fisherman, he is an entertaining humorous character and gives fully guided tours. Solely responsible for having increased the dwindling turtle population in Bequia, his project is a selfless passion. A small fee is charged to visit the sanctuary.

19. Owia Salt Pond (St. Vincent)

The Owia Salt Pond is located on the north-eastern coast of St. Vincent close to the Carib village of Owia. The two-hour drive runs along the scenic coastline. This unusual gift of nature consists of a huge bathing pool enclosed by lava



peaks and ridges. The pounding waves of the Atlantic Ocean crash into this barrier and then gently cascade into the pool. Surrounded by mountains and the thunderous surf, the area is an ideal spot for picnics, swimming and snorkelling. Facilities here include gazebos, vending units, bar, shower and washrooms, children's play area, craft centre and fire pits.

Distance from Cruise Ship Port – 32.5 miles / 52km

20. Rawacou Recreation Park (St. Vincent)

A major recreational site of national importance, the dominant features of the Rawacou Recreational Park are two beaches separated by a rocky headland with a man-made pool. A dune system associated with the beaches provides protection at the shoreline against the high energy waves of Rawacou Bay. Coconut trees and sea grapes provide a distinct tropical look and feel to the beach, while dune vegetation in some areas helps to maintain the balance and resilience of the beach. Facilities at this site include vending units, events and performance area, parking, gazebos, washrooms and change rooms. Sea bathing is not encouraged. Visitors to this site are asked instead to use the man-made pool.

Distance from Cruise Ship Port – 8.5 miles / 13.5km



21. Soufrière Cross Country Trail (St. Vincent) (Hiking)

La Soufrière shares with Mount St. Helen (USA) the fame of being one of the most studied volcanoes in the world. It rises majestically to over 4,000ft. A tour to La Soufrière takes you along the picturesque windward (eastern) coast, through banana and coconut plantations to where the foot trail begins. You travel along steep volcanic ridges verdant with bamboo and tropical trees. This is a day's journey for energetic hikers, who should leave early in the morning, as the ascent to the crater is about 3.5 miles long. The expedition can continue down the west side trail and terminate 10 to 12 miles later in Chateaubelair on the leeward (west) side. There are gazebos, washrooms and a site office and parking at Bamboo Range on the eastern side of the volcano.

Distance from Cruise Ship Port – 26 miles / 42km Degree of Difficulty: High

22. Spring Plantation (Bequia)

A leisurely trip to this beautiful 200-year-old plantation overlooking Spring Bay is well worth the effort. On the property are the ruins of a 19th Century sugar factory which now house the Firefly Pottery and Craft Centre. There you can see pottery being crafted and purchase local souvenir items. Delicious lunches, dinners and other fare are available at the Firefly Hotel, Bequia's restaurant on the plantation.



23. St. Mary's Anglican Church (Bequia)

A few minutes stroll from the centre of Port Elizabeth is this lovely church. Built of local limestone and imported ballast bricks, and housing intriguing memorial tablets, the earlier church was blown down by a hurricane in 1798. The present one was erected on the same site in 1829.

Distance from Port Elizabeth – A very short walk.

24. Trinity Falls (St. Vincent) (Hiking)

This waterfall is set in a deep volcanic canyon about 4 miles from Richmond Vale Academy, a two-hour drive from Kingstown along the leeward (western) coast to Richmond. A 20-minute hike through lush rain forest takes you to the falls. Water cascades down volcanic rocks in three places, hence the name Trinity Falls. It is a two-tiered fall with a pool below measuring about 60ft (18km) horizontally to the flow and 36ft (11m) vertical to the flow. Flow velocity and topography of the pool creates a whirlpool of water spinning anti-clockwise. Visitors to this site are strongly advised to exercise caution when swimming in the natural pool because of the whirlpool currents.

Distance from Cruise Ship Port – 25 miles / 40km



Degree of Difficulty: High

25. Vermont Nature Trail (St. Vincent) (Hiking)

The Vermont Nature Trail starts near the top of Buccament Valley and leads through tropical rainforest. There is a chance of seeing or hearing the St. Vincent Parrot and the Whistling Warbler, both unique to St. Vincent and strictly protected nationally and internationally. This is the habitat for the House Wren, the common Black Hawk, Cocoa Thrush, the Crested Hummingbird, Redcapped Green Tanager, Green Heron and several other interesting species.

Distance from Cruise Ship Port – 9 miles / 14km Degree of Difficulty: Moderate

26. Wallilabou Heritage Park (St. Vincent)

This park is located on the leeward (west) coast of St. Vincent, near to Wallilabou Bay and the site of the film *Pirates of the Caribbean*. It is also close to the centre of Barrouallie, a fishing village known for its harvesting of Black Fish, and Cumberland Bay, one of the best known anchorages on the island. Facilities here include parking, gazebo, benches, visitor centre, restaurant and bar, and pedestrian bridge.

Distance from Cruise Ship Port – 14 miles / 22.5km



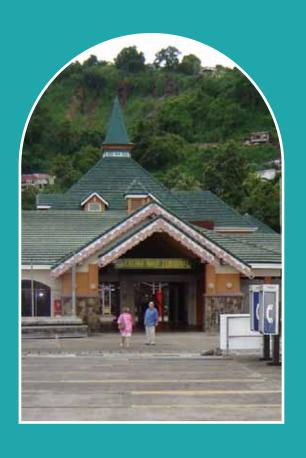


27. Whaling Museum (Bequia)

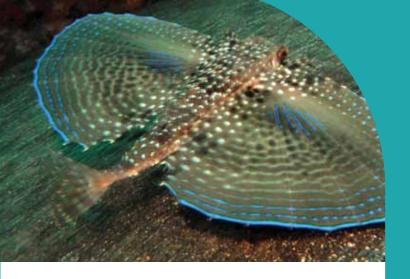
Whaling in Bequia began in the late 19th Century. Four whales are allowed to be caught each year by employing the original long standing traditional technique of hand harpooning. The museum documents the history of this age-old practice.

28. Youroumei Heritage Village (St. Vincent)

The Youroumei Heritage Village is located close to the windward (eastern) main road. It is made up of a complex of historical buildings at Orange Hill Estate. The building converted into a museum is called the Old Sugar Mill. It is a one-storey structure with approximately 2,640 sq ft/24.5 m² of floor space.



The Ports of SVG



Britannia Bay – Mustique

Location

Latitude - 12° 8° 52" N Longitude - 61° 11° 48" W

Approaches

Take care entering as the Montezuma Shoal west of the bay is quite hazardous. There is a red and black beacon on the reef; stay at least a quarter mile away.

Accommodation

Depth is 12 to 18 feet. Approximately 25 to 30 mooring facilities are available for a small fee.

Anchorage

A mooring buoy is mandatory, the best spot is south of the small cargo dock. It can be a bit rolly at times.

The other services provided are similar to those for the other Grenadines islands.



Charlestown Bay - Canouan

Location

Latitude - 12° 42° 15″ N Longitude - 61° 19° 44″ W

Approach

From the west via passage, a set of day-beacons marks the entrance channel.

Accommodation

Depths are 12 to 18 ft with a sand bottom.

Anchorage

You can drop the hook wherever clear of harbour traffic and not swinging into moored boats.

Moorings are available for a small fee.

Emergency Number

Port Kingstown will transfer services to the Canouan authorities at (784) 456-1830 or Contact Johnny Ollivierre at (784) 494-9241.



Handling Equipment

This port is not equipped with heavy equipment. Most handling is done at Port Kingstown, then goods are transhipped to Canouan via ferry service.

Medical Aid

The Charlestown Jetty is located in close proximity to the Canouan Clinic.

Pilotage

No pilotage is necessary in the Grenadine islands. The vessels that anchor at the ports are not eligible for this service.

Services

The majority of the goods and services of the island are catered for on the main island St. Vincent. Therefore the daily ferries are responsible for taking the goods down to the Grenadine islands. When cruise ships visit these islands they are required to anchor some distance from shore and passengers have to be shuttled in by smaller boats.



Clifton – Union Island

Location

Latitude - 12° 26°5″ N Longitude - 61° 25° 10″W

Approach

There is a range of 327.5° leading safely to the harbour.

Accommodation

Depths are 16 to 40ft, with a sand bottom.

Anchorage

There are good anchorages in most parts of the harbour but take care to avoid the reefs.

Emergency Number

The Kingstown Port will transfer services to the Union Island authorities (784) 456-1830 or contact Johnny Ollivierre – (784) 494-9241.

Handling Equipment

The facilities are not equipped for heavy equipment. Mostly all the handling is done at Port Kingstown, then goods are transshipped to Union Island via ferry.

Medical Aid

The Clifton Jetty is located in close proximity to the Union Island Health Centre.

Pilotage

No pilotage is necessary in the Grenadine islands. The vessels that anchor at the ports are not eligible for this service.

Services

The majority of the goods and services of the island are already being catered for on the main island of St. Vincent. Therefore the daily ferries are responsible for taking the goods down to the Grenadine islands. When cruise ships visit these islands they are required to anchor some distance from shore and passengers have to be shuttled ashore by smaller boats.



Cruise Ship Port – St. Vincent

Location

Latitude - 13° 9° 22″ N Longitude - 61° 19° 44″ W

Approaches

An open roadstead leads to the cruise ship berth. The berth is fitted with fenders designed for berthing angles of 10 degrees, and standoff distance of 1.00 miles from the jetty.

Accommodation

There is a deep water berth for two vessels. The North Berth can accommodate vessels up to 100,000GRT and 260 miles in length. The South Berth can accommodate vessels up to 45,000GRT and 100 miles in length. The Jetty is 260 miles in length and 20 miles wide.

Anchorage

Anchorage may be taken south of the quay at the Cruise Ship Berth.



Facilities

The Cruise Ship Terminal has 300 miles of office space for cruise and tourism-related businesses, an area for more than 50 parking slots plus a covered pick-up/sit-down area for tour buses. Services also include gift shops, snack bars, Tourist Information Centre, Customs and Immigration, telecom rooms, international telephone services, restaurants and bars, hair salon and other related businesses.

The ports in St. Vincent are operated by a single entity, the St. Vincent & the Grenadines Port Authority. All ports are subject, therefore, to the same rules, regulations and services.

Bunkers, Lloyd's agent, navigational aids, prohibited anchorages, pilotage, radio information, ship repair, tides, waste & water facilities, weather and working hours are the same as for Port Kingstown.



Port Elizabeth – Bequia

Location

Latitude - 13° 0° 58"N Longitude - 61° 13° 48" W

Approaches

Approach is best taken south of the main jetty.

Accommodation

The jetty is 100ft long and depth alongside is 12 to 15ft deep.

Anchorage

You can anchor west of the marina or south of the commercial wharf. Check the charts carefully for the shoal areas extending out from shore.

Emergency Number

The Kingstown Port will transfer services to the Bequia authorities at (784) 456-1830 or contact Johnny Ollivierre at (784) 494-9241.

Handling Equipment

The facilities are not equipped for heavy equipment. Most of the handling is done at Port Kingstown. Goods are transshipped to Bequia via ferry.



Medical Aid

The Port Elizabeth Jetty is located in close proximity to the clinic and medical centre in Port Elizabeth.

Pilotage

No pilotage is necessary in the Grenadines. The vessels that anchor at the ports are not eligible for this service.

Radio Information

VHF Channel 16 and 68 are used for all communication.

Services

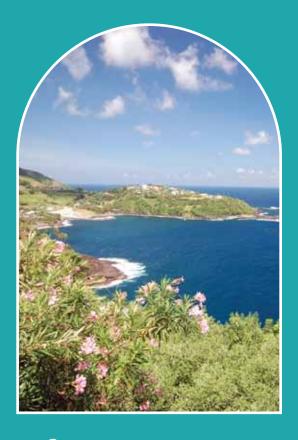
The majority of the goods and services of the island are already being catered for on the main island of St. Vincent. Therefore the daily ferries are responsible for taking the goods to the Grenadines. When cruise ships visit these islands they are required to anchor some distance from shore and passengers have to be shuttled ashore by smaller boats.

Other (Cargo) Ports

Port Kingstown, and Campden Park Port.

Other Ports of Entry (Small Cruise Ships and Yachts)

Young Island Cut, Chateaubelair, Wallilabou.



Ship Agents and Ground Tour Operators

1. Ship Agents

Corea Hazells Inc

A member of the Goddard Group of Companies, Corea Hazells Inc is a diversified group with sister companies throughout the Caribbean and Central and South America. It is well established as the most experienced Cruise Ship Agent serving over 70% of the ships that visit St. Vincent and the Grenadines. The company provides all the necessary services to meet cruise ships' needs. It caters for water collection, waste disposal and accommodation while in port, joining and leaving the ship, wedding ceremonies, healthcare and even undertaker services. The trademark attraction is the land and marine tours around the islands. Land tours are mainly scenic drives to historical, cultural and horticultural attractions. Marine tours are mainly around St. Vincent and to the Grenadines on catamarans.

Telephone: (784) 456-1201 Fax: (784) 456-2204

Email: garth_williams@goddent.com

Contact: Garth Williams

Sam's Taxi Tours

Agent for both cruise ships and yachts, Sam has been in the business a long time and provides professional and personalised services. This company caters generally for the smaller ships. It also offers the usual agent's services – including water provision, garbage disposal, accommodation, transportation, transfers and all the essential needs of the passengers. Its trademark attraction is the land tours, especially hiking.

Telephone: (784) 456-4338 Fax: (784) 456-4233

Email: sam-taxi-tours@vincysurf.com

Contact: Samuel Andrews



West India Development Company

West India Development Compay is a small agent located on St. Vincent, although it handles ships that visit the Grenadines on a weekly basis. The services are not offered in St. Vincent but are taken care of in neighbouring Barbados. The tours are mainly marine, operated by HazEco Tours.

Telephone: (784) 456-1867 Fax: (784) 457-9917

Email: widco@vincysurf.com

Wind and Sea

This company is based in Union Island and Mayreau and serves as agent for both cruise ships and yachts. Their vessels go mainly to Mayreau. The tours offered are only marine tours offering trips to other Grenadine islands. Cruise ships are also small and most supplies are taken care of on Union Island.

Telephone: (784) 458-8678 Fax: (784) 458-8569

WJ Abbott

Agent for cruise ships, yachts, cargo carriers and bulk tankers, this company also caters for all the needs of the passengers. Tours are usually outsourced to the tour operating companies on the islands.

Telephone: (784) 456-1511 or (784) 494-8989

Fax: (784) 453-1479

2. Inbound (Ground) Tour Operators

Baleine Tours

This operator offers tours mainly along the leeward (western) coast to the Falls of Baleine. Sail on lovely catamarans and enjoy the marine scenery. Baleine Tours also offers tours to the *Pirates of the Caribbean* film site, island charters, dolphin watching, snorkelling trips, island drop-offs and sport fishing. All attractions include full safety packages, insurance, hotel pick-up and mobile communication.

Telephone: (784) 457-4089 Email: prosec@vincysurf.com Contact: Wayne or Debbie Halbich

Barefoot Holidays

Located at the Blue Lagoon, Barefoot Holidays mainly caters to yacht visitors, offering permanent dockage and storm moorings. There is a waterfront restaurant and bar, gourmet provisioning services, workshop and repair facilities, hotel and guest house booking service, inter-island travel, jeep rentals, island tours, air charter services, ice and water, boutique, PADI dive shop and on-site apartments.

Telephone: (784) 456-9334 Fax: (784) 456-9238

Email: barebum@vincysurf.com

Contact: Mary Barnard

Captain Yannis Sail

Located on Union Island, Captain Yannis Sail offers charters to and around the entire Grenadines. Their refurbished vessel will sail you to unspoilt beaches with pristine white sand. Enjoy tours to the Tobago Cays Marine Park and snorkel and dive in magnificent waters.

Telephone: (784) 458-8513 **Email**: yannis@vincysurf.com

Crystal Blue Tours

Explore the marine environment with experienced guides. Crystal Blue Tours offers sea tours to the coast and the Grenadines. They specialise in deep sea fishing. Learn to fish. Crystal Blue Tours offers a range of power boats.

Telephone: (784) 457-4532

Fax: (784) 456-2232

Email: wefishin@vincysurf.com

Fantasea Tours

Cruise the islands with Captain Earl Halbich. With over 20 years' experience, the fleet of luxury power boats include a 60ft party catamaran, a 42ft cruiser and 38ft and 28ft Bowens. Cruise to the Falls of Baleine and the Grenadines. Enjoy sunset cruises, dolphin and whale watching tours, scuba diving, land tours, private charters and celebration cruises. Unlimited drinks and snorkelling equipment are available.

Telephone: (784) 457-4477

Fax: (784) 457-5577

Email: fantasea@vincysurf.com **Contact**: Earl or Kim Halbich



HazEco Tours

HazEco Tours offers personalised quality eco-tours to all natural and historical sites. You can drive in luxury air conditioned vans or ride jeeps, or power boats and catamarans. Take guided tours of waterfalls, rainforests, the volcano and forts. See flora, fauna and petroglyphs. Go bird watching and explore the islands via out-of-the-way hiking excursions.

Telephone and Fax: (784) 457-8634 Email: hazeco@vincysurf.com Contact: Clint or Millie Hazel

Multi-Day Adventure

Offers tours, kayaking and snorkelling, VIP transportation & transfers, hotel accommodation, bicycle tours.

Telephone: (784) 456-6452 / (784) 527-8191 Email: info@svgmultidayadventure.com

Sailors Wilderness Tours

Enjoy panoramic views. Hike or bike through a rich and fertile multi-river valley thickly planted with bananas and ground crops. Experience the double treat of a tropical rain forest and challenging mountain ridges. Sailors offers cruises and sea tours. They are the premier biking operator for the athletic visitor.

Telephone: (784) 457-1712/ (784) 457-1274

Fax: (784) 456-2821

Email: sailortours@hotmail.com

Contact: Trevor Bailey

Sea Breeze Nature Tours

Sea Breeze offers coastline cruises. See marine entertainment from leaping dolphins to whale diving. Listen to these mammals chattering on a hydrophone, glimpse turtles, flying fish, the (no-fin) dolphin and the omnipresent aviary. Visit the *Pirates of the Caribbean* film set with beach snorkelling. Fishing charters are available.

Telephone: (784) 458-4969

Email: seabreezetours@vincysurf.com

Contact: Hal Daize

Sam's Taxi Tours

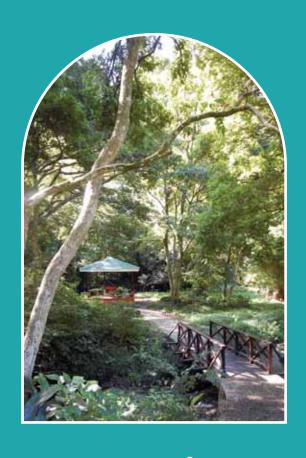
Sam's offers tours to the leeward and windward sides of St. Vincent. With over 15 years' experience, their tours include hiking the nature trails, visiting exquisite botanical gardens, swimming in mountain rivers and waterfalls, climbing the volcano and generally exploring the verdant landscape of St. Vincent. Sam's Taxi Tours also offers an islandwide taxi service, airport transfers, car rentals, Internet, fax and telephone services. It also caters to yachtsmen, offering mooring and customs and immigration clearance services.

Telephone: (784) 456-4338

Fax: (784) 456-4233

Email: sam-taxi-tours@vincysurf.com

Contact: Samuel Andrews



Important Information

Beaches

BLACK SAND BEACHES

St. Vincent is blessed with heavy dark sand-like minerals on its beaches and in stream beds, usually from volcanic lava flows. Scientific research results have shown that 40% of the sand contains three radioactive minerals – uranium, thorium and potassium which aid in the treatment of psoriasis, joint pains and skin inflammation. The humidity is low and the ultraviolet rays help in curing different diseases.

Black Sand Beaches on St.Vincent Leeward (West) Coast

Chateaubelair Bay – The bay has a 40ft deep reef. While a good anchorage, the northern swells in the winter can cause difficulties. Accessible by both land and sea, Chateaubelair Bay is located 23 miles/36.8km from Kingstown.

Cumberland Bay – The bay here is very deep. Boats can anchor with a bow or stern rope to a palm tree. Accessible by both land and sea, Cumberland Bay is located 18 miles/28.8km from Kingstown. (See "So Much to See & Do")

Troumaka Bay – This is a small, well-protected bay with room for only a small number of yachts. Excellent for swimming and snorkelling and accessible by both land and sea. Troumaka Bay is located 20 miles/32km from Kingstown.

Petit Byahaut – There is a small beach here and the diving and the snorkelling are superb. At Dinosaur Head (Face of Byahaut Point) you will find a 120ft wall covered in sponges, sea fans and coral. Petit Byahaut is accessible by sea only.

Wallilabou Bay – This picturesque bay is excellent for diving, swimming and snorkelling. Accessible by both land and sea, Wallilabou Bay is located 14 miles/22.4km from Kingstown.



Barrouallie – This coastal village is pleasant for swimming. Accessible by both land and sea, Barrouallie is located 12miles/19.2km from Kingstown.

Peter's Hope Bay – Surrounded by lush vegetation, Peter's Hope has become known as one of the best beaches on the leeward (west) coast. Accessible by both land and sea, Peter's Hope Bay is located 11 miles/17.6km from Kingstown.

Mount Wynne – One of the locals' favourite beaches for picnics general outings. There are washroom facilities, gazebos and benches. Accessible by both land and sea, the bay is located 10 miles/16km from Kingstown.

Questelles Bay – This beach is very popular with the locals and has ideal water for swimming and diving. Accessible by both land and sea, Questelles Bay is located 4 miles/6.4km from Kingstown.

Lowmans Bay – Lowmans Bay is a favourite of the community and is excellent for swimming. Accessible by both land and sea, Lowmans Bay is located 3 miles/4.8km from Kingstown.



Windward (East) Coast

Sion Hill Bay – Found on the outskirts of Kingstown, Sion Hill Bay is ideal for swimming. Accessible by both land and sea, the bay is located about 2 miles/3.2 km from Kingstown.

Brighton Salt Pond – Brighton is a beautiful black sand beach and fascinating mangrove swamp. This site attracts many visitors and has grown into a popular recreational and entertainment spot. Accessible by both land and sea, Brighton Salt Pond is located 6 miles/9.6km from Kingstown.

Owia Salt Pond – The pond consists of a huge bathing pool enclosed by lava peaks and ridges. Surrounded by mountains and the thunderous surf, Owia Salt Pond is accessible by land and sea and is located 32.5 miles/52km from Kingstown.

WHITE SAND BEACHES

Formed mainly from coral, the process is performed by fish that digest algae or living corals and expel the organic



compound as fine white sand. The calcium found in the coral sand lends to absorption by the body, boosts your immune system and can balance your PH level.

White Sand Beaches on St. Vincent

All white sand beaches on St. Vincent are located on the southeast coast.

Villa and Indian Bay Beaches – Both beaches offer good snorkelling and swimming. They are separated by a small hilly projection and are easily accessible from one to the other. Accessible by land and sea, the Villa and Indian Bay beaches are located 4 miles/6.4km from Kingstown. Neither beach is very wide.

Young Island Beach – This is a privately owned resort, just 200 yards from the Villa dock. The beach is ideal for swimming, snorkelling and scuba diving, and is accessible only by sea. Young Island is located about 4miles/6.4km from Kingstown.

Blue Lagoon – The last chain of beach on the southeast coast, Blue Lagoon is surrounded by palm trees. This lovely



beach is excellent for swimming, diving and snorkelling. Accessible by land and sea, Blue Lagoon is located 5.5 miles/8.8km from Kingstown.

Beaches on Bequia

All beaches on Bequia are white sand beaches.

Port Elizabeth – A picturesque bay and popular anchorage, it is known for its deep "U" shape, calm and clear waters and ample depth. Accessible by land and sea, Port Elizabeth is located in Admiralty Bay.

Belmont Walkway – Skirting Admiralty Bay, this thin strip of beach separates the water from a number of restaurants, hotels and bars. Accessible by land and sea.

Princess Margaret Beach – A lovely beach with golden sand, the area is so named because Princess Margaret enjoyed a dip there during a visit to St. Vincent and the Grenadines in 1958. Accessible by land and sea, Princess Margaret Beach is located on the leeward (western) side of the island, just down from Port Elizabeth.

Lower Bay – A long stretch of pure white sand with crystal clear waters, Lower Bay is excellent for swimming, snorkelling and sunbathing. Accessible by both land and sea, Lower Bay is located on the eastern side of the island.

Friendship Bay – This is a long, wide sweep of beach with excellent conditions for sailing, diving and snorkelling. The Friendship Hotel is located here. Accessible by land and sea, Friendship Bay is located on the southeastern side.

Moonhole – This beach is secluded, ideal for swimming and with plenty of shade. Accessible by sea, Moonhole is located on the southern tip of the island.

Hope Bay – This is a remote and picturesque beach which is very difficult to reach. It has shallow waters and a long line of breakers, ideal for surfing. Accessible by land and sea, Hope Bay is located on the eastern coastline.

Spring Bay – A romantic and secluded beach with acres of tall palm trees, Spring Bay is a working plantation and hotel. Accessible by land and sea, the beach is located on the eastern coastline.

Industry Bay – Wonderful for snorkelling, Industry Bay is accessible by land and sea. It is located on the eastern coastline.



Park Bay – A palm-shaded, undeveloped sandy beach. Park is the home of the Old Hegg Turtle Sanctuary. Accessible by land and sea, Park is located on the eastern coastline.

Beaches on Mustique

All beaches on Mustique are white sand beaches.

East Coast

Macaroni Bay – This is one of the most popular beaches on the island. There is a covered picnic area and the swimming is delightful. Accessible by land and sea.

Pasture Bay – Pasture Bay is a long, sweeping beach with crystalline waters.

West Coast

Britannia Bay – This is the only suitable anchorage on the island. The water is sparkling clear and great for swimming and snorkelling.

Endeavour Bay – Ideal for swimming and snorkelling.



Gelliceaux Bay – One of ten marine conservation areas in St. Vincent and the Grenadines, the snorkelling here is sublime.

North Coast

L'Ansecoy Bay – This is a wide beach with crystalline waters. Offshore lies the jutting hulk of the French cruise ship *The Antilles*, which went aground in 1971.

South Coast

Lagoon Bay – Follow the southward road out of the village and then the shoreline path. Lagoon Bay is a delightful beach with perfect swimming conditions.

Beaches on Canouan

All beaches on Canouan are white sand beaches.

Charlestown Bay – Also known as Grand Bay, this is the main anchorage and location of the village. Popular for swimming and snorkelling with long ribbons of powderwhite sands, Charleston Bay has shallow waters and beautiful coral reefs. Raffles' exclusive 800-acre resort is located in this area. Accessible by land and sea.



Rameau Bay – Just north of Charlestown is this beautiful, quiet anchorage, with good snorkelling. Accessible by land and sea.

Corbay – This is the most sheltered anchorage in Canouan and a great location for snorkelling and diving. Accessible by land and sea, Corbay is located on the north of the island.

Maho Bay – A glorious beach for swimming. Accessible by land and sea, Maho Bay is located in the north of the island.

Friendship Bay – Offers conditions ideal for good snorkelling. Accessible by land and sea, Friendship Bay is located on the south of the island.

Beaches on Mayreau

All beaches on Mayreau are white sand beaches.

Salt Whistle Bay – This is a favourite anchorage for many sailors, with calm waters that are perfect for swimming. A 22-acre resort is named after the beach. Accessible by land and sea, Salt Whistle Bay is located in the north of the island.



Saline Bay – With its nearly mile long, white sandy beach, this beach is very popular with visitors. A popular spot for weekly winter cruise ship visitors. Accessible by land and sea, Saline Bay is located in the south of the island.

Beaches on Palm Island

All beaches on Palm Island are white sand beaches.

Casuarina Beach – This is the favourite among visitors of the five sparkling white sand beaches that surround the island. It spans the entire length of the western coastline. Casuarina Beach is accessible by land and sea.

Beaches on the Tobago Cays

Five islands make up the Tobago Cays. These are – Petit Rameau, Petit Bateau, Baradal, Petit Tabac and Jamesby. All of the Cays, except Petit Tabac, are protected by the Horseshoe Reef. The Cays have been declared a wildlife reserve and marine park by the government. Petit Tabac, the smallest and southernmost Cay is where Johnny Depp was marooned in *Pirates of the Caribbean*. All the Cays are accessible only by boat.

Beaches on Union Island

All beaches on Union Island are white sand beaches.

Clifton Harbour – This is a small, busy port and centre of the day-chartering industry. From the South, stay clear of Grand de Coi, and from the North avoid Newlands Reef, which protects the harbour. Accessible by land and sea.

Chatham Bay – Sun, sea and sand lovers will enjoy this beach. (It is also a protected anchorage.) Accessible by land and sea, it is located on the west coast of the island.

Bloody Bay – A beach with a captivating view and a long sandy beach, it is accessible by land and sea. Bloody Bay is located on the northwest coast of the island.

Big Sand – This is a crescent-shaped beach ideal for surfing. Accessible by both land and sea, Big Sand is located on the east coast of the island.

Lagoon Reef – Perfect for snorkelling, Lagoon Reef protects most of the southern coast. Accessible by land and sea.

Richmond Bay – Is shallow and ideal for children (beware of the poisonous manchineel trees – the fruit and leaves can cause blisters on the skin if touched). Accessible by land and sea, Richmond Bay is located on the north coast.



Currency and Credit Cards Currency

The local currency is the Eastern Caribbean Dollar (EC\$) which is pegged to the US dollar. The banks give EC\$2.67 for US\$1.00 cash and EC\$2.68 for US\$1.00 traveller's cheques. Shops and restaurants may accept US currency but do not give the most favourable exchange rates (approximately EC\$2.60).

Normal banking hours are Monday through Thursday from 8.00am to 2.00pm. On Fridays most banks close at 5.00pm.

ATM machines are available at the National Commercial Bank, RBTT, Scotiabank and FirstCaribbean International Bank

Credit Cards

Hotels, restaurants, shops and car rental companies generally accept all major credit cards.

Eating Out

Name	Α	В	C	D	ΙE	F	G
St. Vincent							
Aggie's Restaurant & Bar – Kingstown (456-2110)	х						
Aquatic Bar & Restaurant – Villa (458-4205)	Х						
Basil's Bar & Restaurant – Kingstown (457-2713)		Х					
Beach Front Restaurant & Bar – Fitzhughes (458-2853)	Х						
Beachcombers Restaurant & Bar – Villa (458-4283)	Χ	Х					
Bounty Restaurant, The - Kingstown (456-1776)	Χ			Х			
Chung Wua Restaurant & Bar – <i>Kingstown</i> (457-2566)			Х				
Coral Room at Sunset Shores – Kingstown (458-4411)	Χ	Х					
Cobblestone Inn Roof Top – <i>Kingstown</i> (456-1937)	Х			х			
Cumberland Beach Recreation Park – Cumberland (495-0791)	Х			Х			
Driftwood Restaurant & Lounge – Ratho Mill (456-8999)	Х	Х					
Ferdie's Restaurant & Bar – Georgetown (458-6433)	Х						
French Veranda at Mariner's Hotel – <i>Villa</i> (453-1111)					Х		
Grand View Grill – <i>Indian Bay</i> (457-5487)				Х			
KFC – <i>Kingstown</i> (457-2612/457-2013)				Х			
Lady J's Cafeteria – Kingstown (456-1900)				Х			
Lagoon Restaurant & Greenflash Bar		\ \ \					
– Blue Lagoon (458-4308)		Х					

A= Local/West Indian/Creole C=Chinese E=Continental G=Mexican

Name	Α	В	С	D	Е	F	G
St. Vincent							
Lime Restaurant & Pub – <i>Villa</i> (458-4227)	Х	Х					
Nice Foods							
– Kingstown (457-1631)	X	Х					
Octagon Restaurant & Sports Bar, The –							
Diamond (456-8902)	X						
Paradise Restaurant – Villa (457-4795)	Х	Х					
Petit Byahaut – Petit Byahaut (457-7008)		Х					
Pizza Party – <i>Arnos Vale</i> (456-4932)				Х			
Riks' Pizza – Arnos Vale (456-4932)				Х			
Sapodilla Room							
@ Grenadine House –					.,		
Kingstown Park (458-1800)	X				Х		
Teach Restaurant & Bar – Cruise Ship Terminal							
(456-2783)	X						
Vee Jay's Restaurant & Bar – Kingstown (457-1395)	Х			Х			
Wallilabou Anchorage – <i>Wallilabou</i> (458-4811)	Х						
Wallilabou Heritage Park – <i>Wallilabou</i> (455-6728)	Х			Х			
Wilkie's Restaurant & Bar @ Grand View Beach Hotel							
– Villa Point (458-4811)	X	Χ					
Xcape Restaurant & Bar – Villa (457-4597)	Х						
Young Island Resort – Young Island (458-4826)		Х					

Name	Α	В	C	D	F	F	G
Bequia	Α.	В		יש	-	· -	u
Bagatelle & Blue Tropic Café – Friendship Bay (458-1600)	Х	х					
Coco's Place		^					
– O'Car, Reform (458-3463)	Х						
Colombo's Place							
– Port Elizabeth (457-3881)	Х						
Dawn's Creole Beach Café							
– Lower Bay (492-6508)	Χ						
De Bistro – Port Elizabeth							
(457-3482)				Χ			
De Reef – <i>Lower Bay</i> (458-3958)	Χ						
Devil's Table							
– Port Elizabeth (458-3900)	Χ	Х					
Fernando's Hideaway							
– Lower Bay (458-3758)	Х	Х					
Firefly Hotel Restaurant		١.,					
– Spring (458-3414)		Х					
Frangipani Hotel Restaurant, The – <i>Belmont Walkway</i>							
(458-3255)	Χ	Х					
Gingerbread Restaurant & Bar – Belmont Walkway (458-3800)					Х		
Green Boley, The							
– Belmont Walkway (458-3247)	Χ						
Harbour Café							
– Port Elizabeth (458-3247)	Χ						
Jack's Bar & Restaurant							
– Princess Margaret Beach							
(457-3762)	Χ						
Julie & Isola's Guest House							
– Port Elizabeth (458-3304)	Х						
Keegan's – <i>Lower Bay</i> (458-3530)	Х						
L'Auberge des Grenadines – Hamilton (457-3555)	Х					Х	
· ,							

Name Bequia	A	В	С	D	E	F	G
Mac's Pizzeria – Belmont (458-3474)	Х			Х			
Maranne's Ice Cream – Belmont Walkway (458-3041)				Х			
Maria's French Terrace – Admiralty Bay (458-3422)						Х	
Pizza Hut – Port Elizabeth (458-3989)				х			
Porthole, The – Port Elizabeth (458-3989)	Х			х			
Sailor's Beach Café – Hamilton (593-0517)		Х					
Salty Dog, The – Port Elizabeth (457-3443)				Х			
Sugar Hill Restaurant – Mt. Pleasant (458-3773)	Х						
Tantie Pearl's Restaurant – Cemetery Hill (457-3160)	Х						
Tommy Cantina – Port Elizabeth (457-3779)							Х
Whaleboner Bar & Restaurant, The -							
Belmont Walkway (458-3233)	X						

Name	Α	В	C	D	E	l F	G
Mustique							
Basil's Bar – (488-8350)	Х						
Cotton House – (456-4777)	Х				Х		
Firefly – (488-8414)	Х	Х					
N.				1.5	1 -	i e	
Name	Α	В	C	D	E	F	G
Canouan						-	
Anchor Inn – (458-8568)	X						
Raffles Resort – (458-8000)							
Bellini's (Seafood &							
Meat Specialties)							
Gadahl Beach Bar &							
Grill (Caribbean)							
Jambu's (International)							
La Piazza (Italian)							
La Verenne (European)							
Pool Bar (Snacks)							
R & C's Restaurant & Bar							
(458-8264)	Х						
Tamarind Beach Hotel							
- (458-8044)							
Palapa Restaurant (Int)							
Pirate Cove (Snacks)							
Beach Bar, The (Snacks)							
	1						
Name	Α	В	C	D	E	l E	G
	A	В		ש	-	-	6
Mayreau						_	
Dennis' Hideaway – (458-8594)	Х					_	
Island Paradise Restaurant							
& Bar – (458-8941)	Х						
J & C Restaurant & Bar	Х						
– (458-8558) Saltwhistle Beach Club Bar	^					+	
& Restaurant – (458-8444)		Х					
- (150 0 1 17)		_^					

B=International D=Fast Food F= French

A=Local/West Indian/Creole C=Chinese E=Continental G=Mexican B=International D=Fast Food F= French

Name	Α	В	C	D	Е	F	G
Palm Island							
Palm Island Resort – (458-8824)		Χ					
						•	
Name	Α	В	c	D	E	F	G
Union Island	'`				_	Ι'	Ŭ
Amerindi Hotel – (485-8447)	Х					Х	
Anchorage Yacht Club & Bar	/\						
- (458-8221)	Χ	Х					
Clifton Beach Hotel – (458-8235)	Χ						
Gordon's Bar & Grill – (453-1538)							
Lambi's Restaurant – (458-8549)	Χ						
L'Aquarium Restaurant –							
(458-8311)	Χ	Х					
Olivia's Family Restaurant –	.,						
(458-8319)	X						
T & N – (458-8207)	Χ						
West Indies Restaurant & Bar, The – (458-8911)	х					Х	
1116 - (430-0511)	^					٨	
Name	Α	В	C	D	E	F	G
Petit St. Vincent							
Petit St. Vincent Resort		Χ					

Health Services By Island St. Vincent

The Milton Cato Memorial Hospital is the main hospital in St. Vincent and the Grenadines. It is equipped with an operating theatre, x-ray department and dental and eye clinics. There are smaller hospitals in Georgetown on the windward coast and Chateaubelair on the leeward coast. Clinics are located throughout St. Vincent. There is a private hospital (Maryfield Hospital) at Gunn Hill and a private radiology centre (Caribbean Medical Imaging Centre) at Stoney Grounds. Private doctors are available throughout the island. Check your agent for further information.

Beguia

One hospital (The Bequia Casualty Hospital) and a clinic are located on the island in Port Elizabeth. The hospital includes a dental clinic and caters for the needs of the island. Private doctors are also available on the island.

Mustique

A clinic is located across from the airport. The doctor runs a fully equipped clinic and dispensary, offering full medical and emergency care, including arrangements for emergency evacuation.

Union Island

The Union Island Health Centre is a government-run institution. A resident doctor is available at the centre and is also on-call in case of any emergencies.

Canouan

Like on Union Island, a resident doctor is based at the Canouan Clinic. The doctor is available on-call in case of emergencies.

Mayreau, Palm Island and Petit St.Vincent do not have medical facilities. Medical care can be received on the neighbouring islands.



Import and Export Requirements

The following items are allowed free of duty when brought into the country:

Baggage and household effects, including wine or spirits not exceeding one-quart in all; tobacco not over half pound, or cigars not over 50 in number and cigarettes not more than 200 in number; used instruments and tools of professions, trade, occupation or employment; personal effects, such as jewelry, binoculars, cameras, sport requisites, portable typewriters, laptops, toys, medicine and toiletries.

Restricted items include illegal drugs (narcotics), spear fishing equipment, arms and ammunition.

All firearms must be declared and owners must seek and get permission from the Commissioner of Police to keep it in your possession while in St. Vincent and the Grenadines. No pets are allowed from North and South America, Europe and Asia unless they have been through a six-month quarantine prior to arrival in St. Vincent and the Grenadines. Pets are allowed on board yachts but must remain on board at all times. Pets from the UK, New Zealand and Australia are allowed but a health certificate must be presented.

Photography

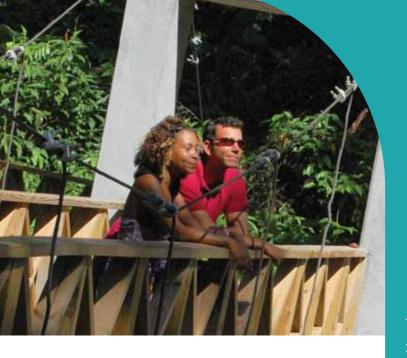
Visitors are allowed to take photographs when visiting St. Vincent and the Grenadines. There is little restriction and most locals welcome this activity, although you should seek permission verbally before proceeding.

Safety and Security

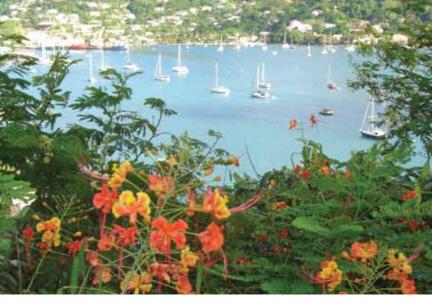
Visitors should adhere to the same safety procedures as they would in their own country. Police stations are located throughout St. Vincent and the Grenadines. Here are some useful tips when visiting St. Vincent and the Grenadines: secure your wallet, purses and money; be modest with jewelry; avoid walking alone in dark and lonely areas; a mobile phone would also be handy. The local emergency number is 999.

Shopping by Island St. Vincent

The main shopping and service centre is located in Kingstown, called the "City Of Arches" because of its many arched buildings. Much of the colour and bustle can be found at "Market Square" at the corner of Bedford Street (especially on Fridays and Saturdays when vendors bring in loads of fresh fruits and vegetables). While hours of business may vary, most businesses generally open from 8am to 4pm on weekdays and 8am to 12pm on Saturdays. Banks open from 8am to 2pm Mondays to Thursdays and 8am to 5pm on Fridays. ATMs are available at most commercial banks.



The "city" consists of 12 small blocks that are easy to walk. Shops and stores range from simple to semi-sophisticated, offering local craft, books, watches, crystal and bone china, gold and silver jewelry. There are a few department stores and an array of boutiques. The Voyager on Halifax Street is the only duty free shop. There are also supermarkets selling both local and imported goods along with a bakery department. Grocery stores are located in the rural areas and on the outskirts of Kingstown.



Bequia

The harbour town of Port Elizabeth is the centre of the island's commercial activity. Along Front Street you will find the Revenue and Post Office, Harbour Master and Customs and Immigration. Banking times are similar to those in Kingstown. Supermarkets, including Knights Trading, offer baked, canned and dried goods, a good selection of frozen foods and a variety of drinks, wines and spirits. The vegetable market or "Rasta Market" carries fresh produce daily. Most food comes from the fertile soil of St. Vincent. Bequia has many boutiques and gift shops, offering locally designed clothing, souvenirs and swimwear as well as conventional clothing styles. Bequia also has many restaurants and bars, many of which are located in the shopping area in Port Elizabeth.



Mustique

Britannia Bay is the commercial heart of Mustique. Groceries can be bought at Corea's Food Store and the Mustique General Store. The Sweetie Pie Bakery is a famous place to stock up on baguettes, croissants and pain au chocolate. Basil's Bar – the home of the famous Mustique Blues Festival – is just across the road. The Boutique at Basil's and the Treasure Boutiques are great places to purchase souvenirs. There is also a fish market in Britannia Bay.

Canouan

Groceries are sold at Dawles Cheapside Grocery, Canouan Food Store and Rebecca's Place. There are boutiques at the Tamarind Beach Hotel, Ocean View Inn, Bare Necessity and Teddy T's. Hardware is available at K&W Supplies. The most popular retail outlet for the island's stylish clientele is Raffles' Boutique.

Union Island

The main commercial area in Union Island is Clifton. It is lined on either side with shops and other businesses offering goods and services. The action is at its peak in the afternoon when the ferries arrive from St.Vincent. Many people order supplies and wholesale goods from wholesalers in St. Vincent. Lambi's Supermarket is a good one-stop place for everything from farm-fresh eggs and meat to wines, spirits and general hardware items. The best fruit and vegetables are sold at the market by Hugh Mulzac Square. Fresh fish and lobsters are sold by the fishermen on the jetties. The fresh bread and pastries are sold on the Bougainvillea Jetty or the small bakery next to Erika's Marine. Union Island also has a great selection of shops selling gifts, souvenirs and marine equipment.

Palm Island, Petit St. Vincent and Mayreau

Both Palm Island and Petit St. Vincent provide shopping facilities for their guests. Mayreau offers traditional tourist souvenirs and tee-shirts to visiting yachties and cruise ship passengers.

Sourcing for Cruise Ships

The main cruise ship agent in St. Vincent and the Grenadines is Corea's Hazells Inc. They cater for about 75 to 80% of ship services. This includes water collection done by the CWSA, garbage disposal, purchasing of fuel and other supplies, organisation of tours both by land and sea, preparation for ceremonies such as weddings, parties, christenings etc. They also perform bereavement services in case someone dies on route to the island and pick up of passengers who are joining or leaving the ships.

Taxis & Other Transportation by Island St. Vincent

The Government sets the rates for taxi fares but taxis are unmetered and you should always check before setting off. Fares are raised for journeys late at night or early in the morning. The hourly rate is about \$50EC. Tipping is suggested at 10% of the fare.



Public minibuses are the most popular means of transportation in St. Vincent; buses service all of the country's points. The main terminals are located in Kingstown and bus stops are located throughout the island. Fares are inexpensive and range from \$1.00EC to \$7.00EC.

There are many vehicle rental companies on the island.

Bequia

The open-backed taxis are popular in Bequia. You can usually find them at the harbour (Port Elizabeth) under the almond tree. Most carry cell phones if you would like to use them again. They also operate with VHF radios on channel 68. Most taxis offer two to three-hour island tours. Rates are fixed and you should check with the Bequia Tourism Association's office, but again enquire with the drivers before your journey. "Dollar Vans" are also popular in Bequia. These are minivans which have a regular route to most parts of the island. They are found mainly at the harbour by the ferry dock where you can enquire about the route. Fares are collected once on board and vary from \$1.50EC to \$5.00EC.

Water Taxis can be found along Admiralty Bay. They can also be found on VHF Channel 68 and provide a pick-up and dropoff service to yachts anchored in the bay. They also transport passengers to the beaches. The average cost one-way to the beaches is about \$15EC and less for a trip across the harbour.

Mustique

Rental jeeps, mules (heavy duty golf carts), motorbikes and mountain bikes are available from Mustique Mechanical Services. There are a few taxis available in Lovell Village and at the airport. The Equestrian Centre offers trail rides around the island. The centre has horses to suit every riding level for children as well as adults.

Canouan

Water and land taxi services are available on VHF Channel 16. The main taxis are Gypsy Snagga Water Taxi, Canouan Handling Service and Jus Once Taxi Service.

Union Island

Mini vans operate in Union Island. Water taxis are also a popular mode of transportation. Rental companies also have four-wheel drive jeeps available. For assistance you can call the Tourist Bureau at (784) 458-8350.

Mayreau, Palm Island, Tobago Cays

Mayreau, Palm Island and the Tobago Cays' main transportation is by small boat. The islands do not a have public transportation system.



CONTACT:

SVG Tourism Authority 2nd Floor, NIS Building Kingstown

St. Vincent & the Grenadines

Tel: (784) 456-6222 Fax: (784) 485-6020

Email: svgta@discoversvg.com

New York: 1 800 729-1726 Email: svgtony@aol.com

London: 0207 937-6570 Email: svgtourismeurope@aol.com Toronto: (416) 630-9292 Email: svgtourismtoronto@rogers.com

SVG Port Authority Upper Bay Street Kingstown St. Vincent & the Grenadines

St. Vincent & the Grenadines Tel: (784) 456-1830

Fax: (784) 456-2732

Email: portsvg@vincysurf.com





www.discoversvg.com

